

Weekly Meal Plan

Ahna Fulmer // HammersNHugs.com

Grocery List



Mon

Sheet Pan Fajita Salmon & Green Beans



Tue

Skillet Sausage & Peppers



Wed

Slow Cooker Sweet & Sour Meatballs & Roasted Brussel Sprouts



Thu

Slow Cooker Omelette & Hashbrowns



Fri

Beef & Zucchini Spaghetti

