



Weekly Meal Plan

www.ahnafulmer.com



Monday

Skillet Ham & Cauliflower Stir Fry



Tuesday

Beef and Zucchini Spaghetti



Wednesday

Slow Cooker Honey Garlic Meatballs
& Roasted Italian Broccoli



Thursday

Blueberry Cinnamon Baked
Oatmeal & Bacon

Friday

Cheddar Tuna Melts